

Dear Doctor,

**Re: 'Dr. Tim's Success – The weight loss program with a doctor behind it'™**

Your patient would like to join the Dr. Tim's Success Weight Loss Program. Our medical screening process has indicated they have a health or medical condition which may be a consideration for their use of this program

Please find here a brief overview of the program to inform you of our program and it's suitability for your patient.

- > The Dr. Tim's Success program is a partial meal replacement low calorie diet – 2 meals replaced per day. The patient's third meal consists of protein (meat, chicken, seafood, eggs, cheese, and vegetarian friendly meat alternatives) plus they are allowed a selection from a large range of vegetables and salads.
- > There are 13 meal replacement choices that have been formulated to meet and exceed Food Standards Australia and New Zealand's (FSANZ) Standard 2.9.3
- > Each meal replacement contains 25 vitamins and minerals and trace elements at up to 50% RDI (Recommended Daily Intake) – far exceeding the requirements of Standard 2.9.3
- > The weight loss program is scientifically based on Ketosis

As you are aware a weight reduction of even 5 – 10% can have very beneficial effects in the control of Type II diabetes, hypertension, hyperlipidemia and a number of other weight related/aggravated diseases. Please find following the contraindications and precautions that apply to our weight loss program

- Contraindications including children, acute cerebrovascular and cardiovascular disease, renal, hepatic disease, type I diabetes, porphyria, overt psychosis, pregnancy and lactation.
- Precautions – recent MI, type II diabetes, hypertension, hyperlipidemia, history of renal or hepatic, gall bladder disease and oral anticoagulants.

Our Program has proven itself to be a rapid, safe and effective way to assist many Australians to lose weight, making it easier for them to achieve their weight loss goals. Average weight loss is 6kg in 4 weeks for women and 9kg in 4 weeks for men if program is followed as directed.

Should you feel you would like to discuss these issues further please contact me on (07) 5445 6354.

Yours sincerely,



Dr. Tim Orchard.  
MB. BS. (Hons) Monash